ASSISTIVE TECHNOLOGY
Assistive technology services are provided to consumers who require the use of special technology or equipment to better manage daily activities at home, in the workplace, or in the community.

THERAPEUTIC RECREATION
Therapeutic recreation services are provided to facilitate the successful reintegration and personal development of the consumer.

SPEECH PATHOLOGY
Speech therapy is offered for a variety of communication disorders including expressive and receptive language, voice problems, disorders of fluency and articulation, motor speech, and aural rehabilitation.

PHYSICAL MEDICINE AND REHABILITATION SERVICES

ASSISTED LIVING UNIT
Nursing services are provided 24 hours a day under the direction of licensed physicians. All services promote an optimal state of wellness and independent functioning by assessing general health and providing restorative health maintenance.

PHYSICIAN’S CLINIC
A physician provides primary care for the physically challenged, a wide variety of orthopedic and neurological services, and other disability related medical problems that may occur.

LIFE SKILLS ENHANCEMENT PROGRAM
The Lifeskills Enhancement Program (LEP) is a three month program that provides services to persons with a range of disabilities including, but not limited to, autism, Asperger’s syndrome, mild mental retardation, learning disabilities and traumatic brain injury. Lifeskills is typically offered prior to a skill training program. The primary goal of LEP is to assist consumers to optimize cognitive, physical, social and vocational functioning. The program includes physical therapy, occupational therapy, and speech therapy along with several groups such as Critical Thinking, Social Skills, Medication Administration, and more.

PHYSICAL THERAPY
Physical therapy treatments improve physical functioning of an individual after an injury, illness, or disease. Therapy is provided by a licensed therapist upon referral by a physician and the development of a therapeutic plan.

OCCUPATIONAL THERAPY
Occupational therapy provides treatment programs based on purposeful activities. The goal is to assist consumers of all ages who need skilled assistance to maximize their independence because of physical, developmental, or emotional problems.

OUTPATIENT THERAPY
Rehabilitation medical services are offered on an outpatient basis. Services are designed to provide vocational rehabilitation and/or remediation for individuals with a wide range of functional limitations.

PHYSICAL RESTORATION PROGRAM
The Physical Restoration Program provides an intensive, multi-disciplinary approach to increasing or restoring functional living skills and promoting the most efficient use of existing skills.

REHABILITATION TECHNOLOGY
Rehabilitation technology is the adaption of the physical environment to meet the needs of consumers, which includes modifying job tasks and customizing work stations.

Special Services

PSYCHOLOGICAL SERVICES
Mental health services are available to help meet individual goals through individual and group counseling including; anger management, relationship, self esteem and socialization, alcohol and drug assessments and counseling, psychiatric evaluations, and crisis intervention.

GENERAL EDUCATION DEVELOPMENT (GED) TEST PREPARATION & ADULT EDUCATION
Instruction to help persons pass the GED test is available to consumers enrolled at the Perkins Center and to adults from the surrounding community.

VOCA TIONAL BEHAVIORAL ENHANCEMENT PROGRAM
Students who attend the Perkins Center are required to participate in the Vocational Behavioral Enhancement program that is designed to teach appropriate work behaviors. Students are expected to display appropriate behaviors at all times and progressive consequences apply to those who do not comply with the rules of the Perkins Center.

REAPPLYING FOR SERVICES
Individuals who have previously received services from the Perkins Center may re-apply to return. Eligibility for admission will be determined at the time the Perkins Center receives the new application.

Take a Tour!
Tours of the Perkins Center are available Monday through Friday (except on legal holidays) and can be scheduled by calling:
1-800-443-2187 (in Kentucky only)
Or
1-606-788-7080 (extension 86591)

We encourage individuals or groups who would like to tour the facility to contact us at least one week in advance of their requested date.

The Carl D. Perkins Vocational Training Center does not discriminate on the basis of race, color, national origin, sex, disability, age, religion, or marital status in training activities, or employment practices in accordance with Title VI of the Civil Rights Act of 1964. Also in accordance with Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973 and Title V11 of the Civil Rights Acts of 1969 and the Americans with Disabilities Act of 1990.

CDPVTC Brochure Revision Date
August, 2010

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CARL D. PERKINS
VOCATIONAL TRAINING CENTER

5659 Main Street
Thelma, Kentucky 41260

EDUCATION & WORKFORCE DEVELOPMENT CABINET
OFFICE OF VOCATIONAL REHABILITATION

(606) 788-7080
(800) 443-2187 (Kentucky only)
Deaf Services (Video Phone)
1-866-761-0818
The Perkins Center provides several types of programs and services to persons with a wide range of disabilities to help them achieve suitable employment and independence.

**SKILL TRAINING PROGRAMS**

- **AUTOMOBILE LUBRICATION & DETAILING**  
  The Auto Lube & Detailing program provides coursework and hands-on training necessary to change motor oil, lubricate vehicles, clean vehicles, and perform other related duties. The length of the course is 300 hours.

- **BUILDING MAINTENANCE**  
  The Building Maintenance program covers course work, classroom, and actual hands on experience in custodial, electrical, plumbing, painting, and grounds keeping tasks. The length of the course is 720 hours.

- **CHILD CARE DEVELOPMENT**  
  The Child Care Development program is a training program with both classroom and practical training experience to prepare persons to work in private or public day care facilities such as schools, workplaces, religious institutions, or private businesses. The course length varies according to the specific job title.

- **COSMETOLOGY**  
  This program prepares consumers as licensed cosmetologists. The course length is 1800 hours which includes 600 hours of theory and 1200 hours of practical application.

- **CUSTODIAL SERVICES**  
  The Custodial Services program is designed to provide learning experiences in the fundamentals of custodial training such as basic floor/caret/fruiture care, office and classroom cleaning, etc. The course length is approximately 360 hours.

- **ADULT EDUCATION**  
  Adult Education services provide academic skills instruction and GED preparation to assist individuals in improving educational attainment levels and successfully entering employment and postsecondary education.

- **DRIVER EDUCATION (INSTRUCTION PERMIT CLASS/BEHIND THE WHEEL)**  
  The Driver Education program prepares individuals to test for a Kentucky instruction permit and driver’s license.

- **FOOD SERVICE**  
  This program is designed to develop skills necessary for employment in the food service industry. Program activities include class work, laboratories, and actual task performance. The course length is approximately 200-300 hours.

- **GROUND KEEPING**  
  The Grounds keeping program is designed to develop skills necessary for employment in the area of horticulture such as lawn care, landscaping, greenhouse operations, or similar jobs. The length of the course is approximately 300 hours.

- **INDUSTRIAL TRUCK OPERATOR**  
  This program combines academic knowledge with practical skills, with an emphasis on hands-on learning. This program prepares students to safely operate industrial trucks (forklifts) in a variety of industrial, factory, and warehousing opportunities.

- **MATERIALS MANAGEMENT**  
  The Materials Management program provides consumers with skills in receiving, storing, packaging, shipping, freight handling, and electronic devices. In addition, consumers are introduced to industrial lift trucks and material handling equipment. The course length varies according to the specific job title.

- **NAIL TECHNICIAN**  
  This program provides the consumer with theory and practical application in the areas of manicures, pedicures and application of artificial nails. The course length is 600 hours.

- **OFFICE TECHNOLOGY**  
  Microsoft, Office, data entry, filing, and communication skills are taught and reinforced with repeated practice to students training in the Office Tech programs. Students entering the Office Tech program should plan to spend 360 to 720 in class hours to complete their training.

- **ACCESS TO COLLEGE PROGRAMS**  
  Students meeting entrance/program pre-requisites can live at the Perkins Center and attend programs offered by the University of Kentucky Community and Technical College system, or any other college or university.

**STUDENT SERVICES**

- **CASE MANAGEMENT AND TRANSPORTATION**  
  Upon admission, each consumer is assigned a case manager who coordinates services for that person’s program throughout enrollment. The case manager serves as a liaison between the Perkins Center and the family and/or the agency making the referral. Using vocational assessment results, the case manager and consumer develop an individual plan of services.

- **RESIDENTIAL SERVICES**  
  A referral from a counselor with the Kentucky Office of Vocational Rehabilitation (OVR) is required for admission to the Perkins Center. Other agencies may sponsor an individual under special arrangements with the admissions office. The Perkins Center also accepts Medicare and several types of medical insurance for outpatient services.

**ACADEMIC AND LIFESKILLS PROGRAM OF HIGHER ACHIEVEMENT (ALPHA)**  
This program is designed to provide instruction and support to assist students in the successful completion of vocational training or other postsecondary education. Classes offered in this program include: Computer Basics, Reading, Math, Community Living, Social Skills, Research & Study Skills, and Individual Support / Tutoring.

**WORK ADJUSTMENT PROGRAM**  
The Work Adjustment Program (WAP) is available for individuals who have never worked before, have had sporadic work histories, have not worked in a long time, or have behaviors/attitude issues that need to be addressed in order to obtain and maintain employment. This program is designed to improve work-related behaviors and enhance interpersonal skills.

- **DRIVER EDUCATION (INSTRUCTION PERMIT CLASS/BEHIND THE WHEEL)**  
  The Driver Education program prepares individuals to test for a Kentucky instruction permit and driver’s license.

- **FOOD SERVICE**  
  This program is designed to develop skills necessary for employment in the food service industry. Program activities include class work, laboratories, and actual task performance. The course length is approximately 200-300 hours.

- **GROUND KEEPING**  
  The Grounds keeping program is designed to develop skills necessary for employment in the area of horticulture such as lawn care, landscaping, greenhouse operations, or similar jobs. The length of the course is approximately 300 hours.

**VOCATIONAL EVALUATION**  
Assesses vocational aptitudes and interests, academics, manual/finger dexterity levels, independent living skills, and current level of work related skills. The length of the evaluation is flexible and depends on the individual needs of the student.

**MOBILE VOCATIONAL EVALUATION SERVICES**  
Mobile vocational evaluation can be arranged through the OVR counselors located throughout Kentucky.

**ADULT EDUCATION**  
Provides academic skills instruction and GED preparation to assist individuals in improving educational attainment levels and successfully entering employment and postsecondary education.

**DRIVER EDUCATION**  
Provides academic skills instruction and GED preparation to assist individuals in improving educational attainment levels and successfully entering employment and postsecondary education.

**FOOD SERVICE**  
Prepares students to test for a Kentucky instruction permit and driver’s license.

**GROUND KEEPING**  
The program is designed to develop skills necessary for employment in the area of horticulture such as lawn care, landscaping, greenhouse operations, or similar jobs. The length of the course is approximately 300 hours.

**INDUSTRIAL TRUCK OPERATOR**  
Prepares students to safely operate industrial trucks (forklifts) in a variety of industrial, factory, and warehousing opportunities.

**MATERIALS MANAGEMENT**  
Provides consumers with skills in receiving, storing, packaging, shipping, freight handling, and electronic devices. In addition, consumers are introduced to industrial lift trucks and material handling equipment. The course length varies according to the specific job title.

**NAIL TECHNICIAN**  
Provides consumers with theory and practical application in the areas of manicures, pedicures, and application of artificial nails. The course length is 600 hours.

**OFFICE TECHNOLOGY**  
Provides instruction in Microsoft Office, data entry, filing, and communication skills.

**GROUND KEEPING**  
The Grounds keeping program is designed to develop skills necessary for employment in the area of horticulture such as lawn care, landscaping, greenhouse operations, or similar jobs. The length of the course is approximately 300 hours.

**INDEPENDENT LIVING CLASS**  
This class is available to individuals who need to enhance skills in the areas of hygiene and grooming, housekeeping, budgeting, meal planning, time management, and sex education.

**RESTORATION OF HOUSING & CAFETERIA SERVICES**  
Residential housing is available for those consumers who require minimal supervision and who have demonstrated a high level of independence. There are separate male and female dormitories. The dorm units are equipped to accommodate 183 individuals.

**RECREATION**  
Recreation programs offer a wide range of activities. It is open evenings and weekends and includes, but is not limited to, arts and crafts, aerobics, weight lifting, archery, outdoor games, bingo, billiards, and off-campus events. Team sports may include volleyball and basketball. Other activities include leisure education, physical fitness, wheelchair activities, electronic and table games, badminton, ping pong, and air hockey.

**INDEPENDENT LIVING CLASS**  
This class is available to individuals who need to enhance skills in the areas of hygiene and grooming, housekeeping, budgeting, meal planning, time management, and sex education.

**LOCATION**  
The Perkins Center is located at Thelma, Kentucky in Johnson County. This is approximately a two hour drive east of Lexington and approximately a one hour drive from the cities of Ashland (north) & Pikeville (south).

**VISIT THESE WEBSITES TO LEARN MORE ABOUT KENTUCKY OVR & THE PERKINS CENTER**  
http://ovr.ky.gov  
http://cdpvtc.ky.gov